

# 2013 Michigan Cup Relays

Presented by **Cross Country Ski Headquarters LLC**

**Registration:** Begins at 9:30 AM on race day. March 10, 2013

**Race Time:** Start at 11 AM. Race will be in the following order: Classical leg, freestyle, freestyle. Course Length is 6-8 K depending on course availability

**Classes:** Male, Female and Co-ed classes are offered for a variety of age groups. Each team's age class will be determined by the total of all three team member ages.

Female: (164 & under) (165 & over)

Male: (164 & under) (165 & over)

Coed: (164 & under) (165 & over)

## Registration and Guidelines:

- \* Teams must have 3 different skiers.
- \* Relay rules will be discussed at race start.
- \* Registration closes at 10:45 AM on race day.
- \* Please register early to avoid pre-race congestion.
- \* All relay team individual members must fill out an entry form each and register together.
- \* No individual entries allowed.
- \* Fee: \$20 per adult team member. \$10 per junior team member (19 years and younger)
- \* Registration fee includes refreshments, pulled pork BBQ sandwiches, scalloped potatoes, Cole slaw, and fresh baked chocolate chip and oatmeal raisin cookies for dessert. Handmade awards will be given to all 1st, 2nd and 3rd place finishers. Each racer will also receive an official 2013 Michigan Cup Pint Glass!



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Relay Team Name: \_\_\_\_\_

Michigan Cup Team: \_\_\_\_\_

To avoid confusion **the following must be completed on each team members registration form. Please turn in all 3 form at the same time!**

Team Member#1 (classical)

Name \_\_\_\_\_ Age: \_\_\_\_\_

Bib#: \_\_\_\_\_

Team Member #2 (freestyle)

Name \_\_\_\_\_ Age: \_\_\_\_\_

Bib# \_\_\_\_\_

Team Member #3 (freestyle)

Name \_\_\_\_\_ Age: \_\_\_\_\_

Bib# \_\_\_\_\_

**Total of Ages:** \_\_\_\_\_

Race Class: \_\_\_\_\_ 164 & under

\_\_\_\_\_ Female

\_\_\_\_\_ 165 & over

\_\_\_\_\_ Male

\_\_\_\_\_ Co-ed

**Includes Awards Luncheon, Pint Glass and Skiing for the rest of the day.**

Circle: Visa Mastercard Discover

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ / \_\_\_\_\_

Name on Card: (please print) \_\_\_\_\_

Signature: \_\_\_\_\_

3 digit Code on card back: \_\_\_\_\_

I, the undersigned, know that skiing is an action sport carrying significant risk of personal injury and that there are natural and man-made obstacles or hazards. Surface and environmental conditions and risks, in combination with my actions can cause me severe injury. In consideration of the foregoing, I, for myself, executor, administrators, and assigns do hereby release and discharge

Cross Country Ski Headquarters and all persons officially or unofficially connected with the events from all claims of damage demands, actions and causes of action what so ever in any manner arising or growing out of my participation in this event

Racer Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If racer is under 18,

Parent or guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

Cross Country Ski Headquarters LLC, 9435 N Cut Rd (East Side of Higgins Lake), Roscommon MI 48653 - 800 832 2663, Fax 989 821 5868  
skibones@aol.com, www.CrossCountrySki.com